

Hello everyone,

I hope you are all keeping well during this challenging time and you managed to celebrate yesterday as best you could. This is a quick message just to let you know that you can contact me by email [letterfrackns@yahoo.ie](mailto:letterfrackns@yahoo.ie) or on my personal phone on 0868862118 if you have any queries or concerns.

The teachers have provided the children with lots of work to keep them busy over the next few weeks, most of which they can do independently. An hour or two each day on structured work is plenty, this includes work set out by their teacher and the apps/websites I recommended to you last week. The IXL app is excellent maths resource that covers the entire primary math's curriculum, it also explains a problem if you get it wrong. The children are familiar with this app from school. The spelling & vocab app is also one the children are familiar with and has lots of games to help them practice their spellings. It also has its own vocabulary list, which is great for the senior classes (3rd-6th). The infant classes have not used the spelling app yet, but the senior infants are well able for level 1. Try and encourage your child to read for at least 30mins to an hour each day, depending on their age. Reading to them would also be nice no matter their age.

Of course the most important thing at this time is the health of our children and right now at home is the safest place for them, I'm sure they are all feeling a little anxious about what's happening so it's important to stay positive. I have a positivity kit with lots of family positivity boosters and Growth mindset activities. It is a large document so I can only Whatsapp it, give me a text on Whatsapp and I'll forward it on. I've attached some other ideas too you can do to help keep everyone entertained.

Today is going to be dry so make the most of it and get outside.

Take care, Olivia